



LUNCH

QUICK MENU

GLUTEN-FREE

VEGETARIAN

SPICY!

— APPETIZERS —

- Coconut Shrimp**
Breaded and fried, served with sweet chili dipping sauce \$14.00
- Sicilian Caponata**
Eggplant, onion, celery, tomato, olives, capers, fresh mozzarella \$13.00
- Meatballs**
Homemade meat balls, tomato sauce, whipped ricotta cheese, basil, garlic croutons \$12.00
- Beef Carpaccio**
Raw cured thinly sliced filet mignon, topped with arugula, parmigiano, truffle oil \$14.00
- Eggplant Parmigiana**
Eggplant layered with tomato sauce, mozzarella, parmigiano, fresh basil \$14.00
- Salmon Carpaccio**
Cured thinly sliced salmon topped with arugula, shaved fennel, pink peppercorn \$15.00
- Mangos Tuna Tartare**
Sushi grade tuna, avocado, seaweed salad, sweet peppers, scallions \$14.00
- Shrimp Mediterraneo**
5 shrimp, tomato, olives, feta cheese, basil, garlic crouton, white wine \$15.00

— SOUPS AND SALADS —

- Minestrone**
Our signature mixed vegetables in a light tomato broth \$7.00
- Caesar Salad**
Chopped romaine lettuce tossed with caesar dressing, garlic croutons, anchovies, shaved parmesan cheese \$10.00
- Caprese Salad**
Sliced fresh fior di latte mozzarella, beefsteak tomatoes, sweet basil pesto, olive oil, over mixed greens \$10.00
- Mangos Cobb Salad**
Romaine lettuce, grilled chicken breast, crispy bacon, hard-boiled egg, avocado, cherry tomato, blue cheese, tossed in mango dressing \$16.00
- Seafood Salad**
Calamari, mussels, shrimp, clams, over romaine lettuce tossed with fresh lemon and olive oil \$18.00
- Tropical Salad**
Mesculin greens, avocado, hearts of palm, corn, mango, parmigiano, tossed in light balsamic honey dressing \$14.00
- Organic Quinoa Salad**
Cucumber, olives, sweet peppers, tomato, feta cheese, basil pesto, pepperoncini \$14.00

— PASTAS —

- Penne All'Arrabbiata**
Garlic, calabrese spicy peppers, parsley, tomato sauce \$ 10.00
- Fettuccine Bolognese**
Homemade fettuccine in our meat sauce \$ 21.00
- Lobster Ravioli**
Tossed in a creamy Absolut vodka pink sauce \$ 25.00
- Spaghetti & Meatballs**
Served with light tomato sauce and ricotta cheese \$ 21.00
- Penne Primavera**
Mixed seasonal vegetables, creamy saffron sauce \$13.00
- Penne alla Puttanesca**
Garlic, olives, capers, anchovies, tomato sauce \$13.00
- Spaghetti al Pomodoro**
Tomato sauce, basil, parmigiano cheese \$ 9.00

— MAIN COURSES —

All main courses are served with a choice of two sides

- Chicken Parmigiana**
Breaded & lightly fried topped with tomato sauce, melted mozzarella \$ 22.00
- Chicken Scaloppini Marsala**
Sautéed chicken breast, creamy marsala wild mushroom sauce \$ 24.00
- Mangos Baby Back Ribs**
House made dry rub ribs slowly roasted and finished in our bourbon bbq glaze \$ 28.00
- Grilled Salmon**
6 oz pan seared scottish salmon filet \$ 29.00
- Grilled Octopus**
Octopus, roasted pepper coulis, olive pesto, "carasau" bread \$ 32.00
- New York Strip Steak**
12 oz grilled steak \$ 29.00

— HOME MADE DESSERTS —

- Mango Cheesecake** \$ 9.00
- Chocolate Cake** \$ 9.00
- Classic Tiramisu** \$ 9.00
- Wild Berry Panna Cotta** \$ 9.00
- "Mangos" Catalan Cream** \$ 9.00
- Vanilla Ice Cream** \$ 6.00
- Mango Sorbet** \$ 6.00

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness



Any vegetable EXTRA \$3.00

Any protein EXTRA \$6.00

- House Salad
- Baked Spinach
- French Fries
- Plain Spaghetti
- Potato Gratin
- Sautéed Broccoli
- Truffle Mashed Potatoes

- Chicken
- Prosciutto di Parma
- Smoked Salmon
- Grilled Shrimp
- Grilled Steak

— COLD WRAPS —

All wraps are served with french fries or house salad

- Caprese**

Sliced fresh fior di latte mozzarella, beefsteak tomatoes, sweet basil pesto, olive oil \$ 9.00
- Chicken Caesar**

Romaine lettuce, grilled chicken breast, caesar dressing, parmigiano cheese \$ 11.00
- Traditional Smoked Salmon**

Smoked salmon, arugula, red onion, capers, cream cheese \$ 12.00

— HOT WRAPS —

All wraps are served with french fries or house salad

- Gustoso**

Provolone cheese, ham, sautéed mushrooms, truffle oil, arugula \$ 13.00
- Meat Lovers**

Prosciutto, spicy salami, ham, provolone cheese \$ 13.00
- Veggie**

Grilled mixed vegetables, sun dried tomatoes, goat cheese, pesto \$ 9.00

— BURGERS —

All burgers are served with french fries or house salad

- Veggie Burger**

Grilled Portobello roasted tomato, zucchini, goat cheese, roasted bell pepper sauce \$ 11.00
- Chicken Burger**

Grilled chicken breast, lettuce, tomato, caramelized onions, provolone cheese, sautéed mushrooms \$ 12.00
- Fantasy Burger**

½ lb beef patty, sautéed mushrooms, mozzarella cheese, caramelized onions \$ 14.00
- Beef Sliders**

Two 3 oz mini certified angus patties, crispy bacon, american cheese \$ 14.00
- Mangos Burger**

½ lb beef patty, lettuce, tomato, truffle mayo, caramelized onions \$ 14.00
- Mexican Burger**

½ lb beef patty, avocado, onion, jalapeno peppers \$ 14.00

— SANDWICHES —

All sandwiches are served with french fries or house salad

- Club Sandwich**

Multi grain bread, roasted turkey, swiss cheese, bacon, lettuce, tomato, mayonnaise \$13.00
- Cuban Sandwich**

Ham, roasted pork, swiss cheese, pickles, mustard \$13.00
- Chicken Milanese**

Lightly fried breaded chicken breast, lettuce, tomato, mayonnaise \$13.00
- Parma**

Prosciutto, mozzarella, tomato, pesto sauce \$11.00
- Parmigiana**

Eggplant, tomato sauce, parmigiano, basil \$12.00
- Smoked Salmon & Bagel**

Toasted plain bagel served as a sandwich, cream cheese, smoked salmon, arugula, red onions, capers \$12.00
- Mangos Spicy**

Spicy salami, provolone, eggplant, arugula \$12.00
- Veggie**

Grilled and marinated seasonal veggies with goat cheese, olive tapenade \$9.00



— KIDS MENU —

Only for little "Mangoers" 12 and under.

- Chicken Fingers**

Lightly fried, served with french fries \$ 9.00
- Mozzarella Sticks**

Served with our marinara sauce \$ 8.00
- Spaghetti al Pomodoro**

Served with tomato sauce \$ 9.00
- Chicken Paillard**

Grilled chicken breast, served with french fries \$ 9.00
- One 3 oz Mini Burger**

certified angus burger, served with french fries \$ 9.00
- Fresh Fruit Plate**

Assorted seasonal fruit salad \$ 8.00

Quick Menu

Gluten-Free

Vegetarian

Spicy!